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**Cover Photo:**  
Open K2 Men battling it out at the turning buoy at the 2017 Victorian Championships.  
Photo courtesy of: Dean Jones

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**Amendments in V1.1**

- Details of Footscray CC Taper Race Sunday 15th April
- Victorian Marathon Championships – Divisions & Distances
What is Canoe Marathon?

Introduction to Marathon Paddling

Marathon canoe racing is all about tactics and endurance. Marathon races can be conducted over distances varying from a few kilometres through to many hundreds of kilometres. Canoeing Victoria and its affiliated clubs conduct marathon races throughout the year and throughout the state.

The lower age limit of the discipline is around 10 years but there is no upper age limit and many paddlers who are 70+ still enjoy competing. While some races are organised such that every competitor races over the same distance, most races offer a range of distances, typically from 8 to ~30 km, with paddlers competing with others of a similar age or ability.

In marathon races conducted as a point-to-point race over a long section of river, competitors sometimes have to carry, or portage, their canoe or kayak around an impassable obstacle such as a waterfall, lock or weir. At higher levels of the sport, portaging is often included as a feature, even though the race is likely to be conducted as a series of laps on a short section or river or lake. A 100 to 200m section of the shore adjacent to the course will be designated as a portage area and competitors will be required to come ashore and carry their craft for the length of the portage course. Competitive portaging requires considerable skill and greatly enhances the excitement of the race.

Wide ranges of craft are accepted at most marathon races. Paddlers at the top level of the sport race single and double kayaks and canoes similar to those used in flat-water sprint racing. Racing classes are usually also available for touring kayaks and touring canoes. Other races allow a very wide range of paddle craft such as sea kayaks, recreational canoes and kayaks, ocean skis, stand up paddleboards, surf skis, dragon boats and outrigger canoes.
Victorian Canoe Races

Races are held on sheltered waterways free of rapids or large waves. Rivers, lakes and coastal estuaries are typical locations. Races can be point-to-point downriver, or laps conducted on a section of river or lake. Venues can be as far west as Warrnambool, as far East as Bairnsdale and at a variety of locations along the Murray River. There is at least one marathon race held in every month of the year.

Racing is organized into a summer and a winter series.

The Summer Series consists of 4 to 8 races over the months of October to March, leading to Victorian Marathon Team selection from the winners at the State Championship. The selected team competes for Victoria at the Australian Championships. The winners of this event can then go on to represent Australia at the ICF Canoe Marathon World Championships in September.

The Winter Series consists of 6 to 8 races over the months of May to August (or later). Paddlers may compete under a “divisional” system, in which paddler’s race against other paddlers of a similar ability, regardless of craft type, age or gender, or under a “class” system, racing against paddlers of similar age, gender or craft type. Races are designated as singles or doubles events (though either type of boat can be entered) and in the last two years a Team pursuit race, where either singles or doubles can comprise a team.

The Massive Murray Paddle held in November, an iconic 404 km five day paddling event starting at Yarrawonga, is considered the ultimate challenge for this discipline of the sport. Formerly run by Red Cross then YMCA, from 2016 it is being jointly managed by Mirage Sea Kayaks and Sydney Harbour Kayaks (SHK). In October and November, a number of races are run as lead-up events to the Massive Murray Paddle, with race distances of up to 70km. Paddlers concerned with the demands of a full distance entry in these ultra-marathon events can enter as part of a relay team.
### Canoeing Victoria Marathon Technical Committee

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<tr>
<th>Position</th>
<th>Name</th>
<th>Email</th>
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<tr>
<td>Chairman</td>
<td>John Young</td>
<td><a href="mailto:john_a_young@bigpond.com">john_a_young@bigpond.com</a></td>
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<tr>
<td>Vice Chairman</td>
<td>Joe Alia</td>
<td><a href="mailto:aliatec@alphalink.com.au">aliatec@alphalink.com.au</a></td>
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<tr>
<td>Treasurer</td>
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<tr>
<td>Secretary</td>
<td>Alan Opie</td>
<td><a href="mailto:alanopie6@bigpond.com">alanopie6@bigpond.com</a></td>
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<tr>
<td>Communications Officer</td>
<td>Arabella Eyre</td>
<td><a href="mailto:Arabella.eyre@gmail.com">Arabella.eyre@gmail.com</a></td>
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<tr>
<td>Marathon Diary Coordinator</td>
<td>Sally Miller</td>
<td><a href="mailto:Sally_Miller@bigpond.com">Sally_Miller@bigpond.com</a></td>
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<td>Sport Development Officers</td>
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** If you are interested in the positions listed as vacant please contact Joe Alia. Position descriptions can be found here [http://vic.canoe.org.au/2017/10/19/marathon-committee-project-positions/](http://vic.canoe.org.au/2017/10/19/marathon-committee-project-positions/)

### Canoeing Victoria

The Victorian Canoe Association Inc., (Canoeing Victoria) formed in 1930 and was incorporated in 1984. It is the State body responsible for the management, co-ordination, development and promotion of canoeing in Victoria. It represents the interests of its members, the public and the national body (Australian Canoeing).

Canoeing Victoria consists of seven committees responsible for the disciplines of Marathon, Canoe Polo, Slalom, Wildwater, Sprint Racing, Touring and Education and will soon include the discipline of Ocean Racing. Each committee is responsible for putting practical effect to its objective of optimising community participation in each aspect of the activity.

### Canoeing Victoria

**President, Chair:** Paul Grant  
**Executive Officer:** Mark Heggie

**Canoeing Victoria Contact Details:** Phone: 0430 312 252  
Email: cvoffice@canoevic.org.au

### Australian Canoeing

Australian Canoeing (AC) is the National Organisation responsible for the management, coordination, development and promotion of paddle sports in Australia. Refer to [www.canoe.org.au](http://www.canoe.org.au) for information on Australian Canoeing.
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Notes:
1) Race points are based on the top 6 results in each race. Points are allocated on % of the winning time (fastest paddler = 100).
2) Participation points are allocated based on one point for each paddler for each race. A club with 20 paddlers will earn 20 points.
3) Only doubles craft contribute race points for "doubles" races; singles craft for "singles" races; all craft for "teams" races.
4) For more information see the Marathon Diary.
How to receives news and updates on events and results

How to get updates on the Marathon events, links to registrations, news and results;

- **Website:**

- **Receive Newsletter by email:**
    - Under Newsletter Subscriptions select **Victorian Marathon News**

- **Receive News Posts by email:**
    - Scroll down and **Subscribe to New Posts**

- **Receive News & Updates by Facebook:**
  - To follows news, events, links and photos – Like the Facebook Page [https://www.facebook.com/CanoeVictoriaMarathon](https://www.facebook.com/CanoeVictoriaMarathon)
  - Also send in great photos to share.

Also there will be updates to the calendar through the year and they will be reflected through updated versions to this document.
Victorians selected for the 2017 Australian Marathon Team

Fifty one Victorian paddlers competed in ninety events at the 2017 Australian Canoe Marathon Championships in Penrith, NSW.

The Australian Marathon Team was then selected following the Championships and these athletes went on to represent Australia at the ICF Canoe Marathon World Championships held in Pietermaritzburg, South Africa on 5-6th September 2017.

*Of the 19 team members, yet again an impressive number of paddlers (12 this year) were from Victoria. Congratulations to the following Victorians who raced well:*

**Mens Open K1:** Michael Leverett
**Womens Open K1:** Kate Leverett, Marlena Ahrens
**Womens Open C1:** Reka Abraham
**Women Open K2:** Kate Leverett/Marlena Ahrens and Brea Roadley/Montannah Murray from WA
**Men U23 K1:** Logan Dutton, Casey Haynes
**Men U23 C1:** Sabastian Wakim
**Women U23 K1:** Isabel Nielson, Matilda Stevenson
**Women U18 K2:** Rachel De Kretser/Emily O’Rourke

Congratulations again to all the athletes for their hard work and dedicated training in the lead up to the championships.

The full results from all the races can be found at [http://results.finishite.co.za/Results.aspx?CId=35&RId=2359&EId=3](http://results.finishite.co.za/Results.aspx?CId=35&RId=2359&EId=3)
## Canoe Marathon Race Calendar for 2018

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<th>Venue</th>
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<td>GP1: Murray River Classic</td>
<td>Yarrawonga</td>
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<tr>
<td>04 Feb-18</td>
<td>GP2: Saltwater Classic</td>
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<td>10 Feb-18</td>
<td>GP3: Frank Harrison Memorial (Singles)</td>
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<td>GP4: Frank Harrison Memorial (Doubles)</td>
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<td>04 Mar-18</td>
<td>GP5: Summer Finale</td>
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<td>18-Mar-18</td>
<td>Vic Schools Championships (Marathon &amp; Sprint)</td>
<td>Nagambie</td>
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<td>15 Apr-18</td>
<td><strong>Footscray Taper Race</strong></td>
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<td>19/20 May-18</td>
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<td>South Australia</td>
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</tr>
<tr>
<td>03 June-18</td>
<td>Marathon Winter Series Race 2 (Doubles)</td>
<td>Tay Creggan Hawthorn</td>
<td>CV/ FCC</td>
</tr>
<tr>
<td>24 Jun-18</td>
<td>Marathon Winter Series Race 3 (Singles)</td>
<td>Fairfield</td>
<td>CV/INCC</td>
</tr>
<tr>
<td>29 Jul-18</td>
<td>Footscray Salty Single Balder</td>
<td>Footscray</td>
<td>Footscray</td>
</tr>
<tr>
<td>19 Aug-18</td>
<td>Marathon Winter Series Race 5 (Singles but may change with format tbc )</td>
<td>Lilydale Lake</td>
<td>CV</td>
</tr>
<tr>
<td>09 Sept-18</td>
<td>Marathon Winter Series Race 6 (LD Sprints)</td>
<td>Nagambie</td>
<td>CV</td>
</tr>
<tr>
<td>13 Oct-18</td>
<td>Marathon Winter Series Race 7 Echuca Mini</td>
<td>Barmah-Echuca</td>
<td>CV, Echuca-Moama CC</td>
</tr>
<tr>
<td>20 Oct-18</td>
<td>Bendigo Cup – Marathon (Bridgewater) Bendigo Cup – Sprint (Lake Weeroona)</td>
<td>Bridgewater Bendigo Lake Weeroona</td>
<td>BACC</td>
</tr>
<tr>
<td>21 Oct-18</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11 Nov-18</td>
<td>Murray Dress Rehearsal</td>
<td>Footscray</td>
<td>FACC</td>
</tr>
<tr>
<td>19-23 Nov-18</td>
<td><strong>Massive Murray Paddle</strong></td>
<td>Yarrawonga</td>
<td>Mirage/SHK</td>
</tr>
<tr>
<td>08 Dec-18</td>
<td>Ben Ward Memorial Race 40-Miler</td>
<td>Yarrawonga - Cobram</td>
<td>CBCC</td>
</tr>
<tr>
<td>09 Dec-18</td>
<td>Ben Ward Day 2</td>
<td>Cobram</td>
<td>CBCC</td>
</tr>
</tbody>
</table>

The Winter Race Series and the Victorian Championships are run by the Canoeing Victoria Marathon Technical Committee. The Summer Race Series are generally run by the individual clubs and race formats and entry fees for club-run races are decided by the hosting club.
**Other Marathon Races**

Below are listed a selection of other canoe and kayak interstate and international marathon races, multisport, and ultra-marathon races that may be of interest to marathon paddlers from Victoria. *Please Note: These are not Canoeing Victoria sanctioned races.*

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Venue</th>
<th>Organizer</th>
</tr>
</thead>
<tbody>
<tr>
<td>04 Mar-18</td>
<td>Cohuna Bridge to Bridge (Multisport)</td>
<td>Cohuna</td>
<td></td>
</tr>
<tr>
<td>14 Apr-18</td>
<td>The Great Toro Race - group paddle</td>
<td>Picnic Point</td>
<td>Aust Canoe Racing</td>
</tr>
<tr>
<td>25 Mar-18</td>
<td>E2A Classic River Race (River Racing)</td>
<td>Goulburn at Eildon</td>
<td>Canoeing Australia, WildWater</td>
</tr>
<tr>
<td>07 Apr-18</td>
<td>Lake Eldon Challenge (Multisport)</td>
<td>Lake Eldon</td>
<td>Vigor Health</td>
</tr>
<tr>
<td>06 May-18</td>
<td>Gregory River Race (Ultra Marathon)</td>
<td>Mt Isa, QLD</td>
<td>North West CC</td>
</tr>
<tr>
<td>12/13 May-18</td>
<td>Barron River Challenge (Ultra Marathon)</td>
<td>Tinaroo, QLD</td>
<td>Mareeba/Kuranda</td>
</tr>
<tr>
<td>25/27 May-18</td>
<td>2018 Marathon World Cup</td>
<td>VIANO DO CASTELO, Portugal</td>
<td>ICF</td>
</tr>
<tr>
<td>09/10/11 Jun-18</td>
<td>Riverland Paddling Marathon</td>
<td>South Australia</td>
<td>Marathon Canoe Club of SA</td>
</tr>
<tr>
<td>04/05 Aug-18</td>
<td>Avon Descent</td>
<td>Western Australia</td>
<td><a href="mailto:enquiries@avondescant.com.au">enquiries@avondescant.com.au</a></td>
</tr>
<tr>
<td>02/03/04 Sept-18</td>
<td>2018 Masters Marathon World Cup</td>
<td>Clube Nautico Prado, Vila Verde, Portugal</td>
<td>ICF</td>
</tr>
<tr>
<td>06/07/08/09 Sept-18</td>
<td>2018 World Marathon Championships</td>
<td>Clube Nautico Prado, Vila Verde, Portugal</td>
<td>ICF</td>
</tr>
<tr>
<td>14 Oct-18</td>
<td>Tumut River Race</td>
<td>Tumut, NSW</td>
<td>DR/WW</td>
</tr>
<tr>
<td>19/20/21 Oct-18</td>
<td>Clarence 100 Ultra Marathon</td>
<td>Copmanhurst, Grafton, Maclean NSW</td>
<td></td>
</tr>
<tr>
<td>27/28 Oct-18</td>
<td>Hawkesbury Canoe Classic (Ultra Marathon)</td>
<td>NSW</td>
<td>Hawkesbury Canoe Classic</td>
</tr>
<tr>
<td>04-Nov-18</td>
<td>Broken Creek Classic</td>
<td>Nathalia</td>
<td>Nathalia CC</td>
</tr>
<tr>
<td>10 Nov-18</td>
<td>Goulburn Classic</td>
<td>Trawool</td>
<td>Canoeing Australia, WildWater</td>
</tr>
<tr>
<td>17-Nov-18</td>
<td>Murray Quad’s Peaches &amp; Cream</td>
<td>Cobram-&gt;Tocumwal</td>
<td>Tim Roadley YMACC</td>
</tr>
</tbody>
</table>
Entry Fees for 2018 Winter Series

As part of the 2018 racing year will be making the following changes. 
It is very important that you read and take notice of these:

1. Race registration for Victorian Winter Series events will only be via Webscorer and there will no longer be “on-the-day” registrations. This is to take up less of your time on race day and enable us to get races underway more quickly. In addition, race entry fees will be paid via credit card or PayPal as part of the on-line registration process; we are ceasing the EFT and cash payment options to simplify administration. Please contact the Marathon Treasurer if you need to make alternative arrangements (for example, if you don’t have a credit card or PayPal account).

2. Race entry fees will increase for some paddlers. The last fee increase was in 2015. You can still keep your race entry fees at or below the previous levels by taking advantage of the early bird registration option that we are introducing this year. Race entry fees for Winter Series races are shown below.

2018 CV Marathon Winter Series race entry fees ($)

<table>
<thead>
<tr>
<th>Age</th>
<th>Early Bird</th>
<th>Standard</th>
<th>Late</th>
</tr>
</thead>
<tbody>
<tr>
<td>Entries close</td>
<td>One week prior to standard</td>
<td>Friday, 8 pm (Thursday for Sat races)</td>
<td>Saturday, 12 noon (Friday for Sat races)</td>
</tr>
<tr>
<td>Full members and members of partner organizations</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>U12</td>
<td>$10</td>
<td>$15</td>
<td>$25</td>
</tr>
<tr>
<td>U18</td>
<td>$15</td>
<td>$20</td>
<td>$30</td>
</tr>
<tr>
<td>U23</td>
<td>$15</td>
<td>$20</td>
<td>$30</td>
</tr>
<tr>
<td>24-64</td>
<td>$25</td>
<td>$30</td>
<td>$40</td>
</tr>
<tr>
<td>65+</td>
<td>$20</td>
<td>$25</td>
<td>$35</td>
</tr>
<tr>
<td>Non-members, recreational members</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Event licence fee</td>
<td>Above fee +$10</td>
<td>Above fee +$10</td>
<td>Above fee +$10</td>
</tr>
</tbody>
</table>

- No entries will be accepted after the close of the “late” period.
- No entries will be accepted on the day; substitutions are accepted.
- No refunds will be provided for no-shows; however, the entry fee for bona fide cases can be applied towards future events.
- Partner organizations includes organizations with whom CV has agreed to extend registration entitlements (such as AC and state organizations, DBV, SUPVIC, AOCRA, etc). Members of these organizations need to have appropriate insurance arrangements through their organization.

An Australian Canoeing event licence is required for paddlers who do not hold CV (or an equivalent state or national) competition membership. There is now no limit on the number of races non-members can participate in (previously a maximum of 3 races) providing an event licence is purchased for each race. The event licence fee is incorporated in the non-member fee above.
2017 Murray Marathon – Don Campbell coming across the finish line at Swan Hill

Photo Courtesy of Carolyn Cooper

2017 Victorian Championships

Photo Courtesy of Dean
Grand Prix 1 Yarrawonga

YM ACC Murray River Classic

SUN 21ST JANUARY

Venue: Yarrawonga Mulwala Amateur Canoe Club @ Yarrawonga Caravan Par, Piper St, Yarrawonga

Distance: 

<table>
<thead>
<tr>
<th>Race</th>
<th>Distance</th>
<th>Start Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elite Classic Race</td>
<td>5 laps equals 25km</td>
<td>9.00am</td>
</tr>
<tr>
<td>Classic Challenge</td>
<td>4 laps equals 20km</td>
<td>9.00am</td>
</tr>
<tr>
<td>Kevin Phillips Canoe Classic</td>
<td>3 laps equals 15km</td>
<td>9.15am</td>
</tr>
<tr>
<td>Adventure Race</td>
<td>2 lap equals 10km</td>
<td>9.30am</td>
</tr>
<tr>
<td>U14, Sub Junior, Novice</td>
<td>1 short lap (1,2, or 4 km)</td>
<td>10.00am</td>
</tr>
</tbody>
</table>

* The 20 and 25km races will start at the same time; this enables paddlers to enter either race at the start must be on last lap by 11am. All boats welcome Inc. Outriggers, SUP, Ski’s and relay teams. (Min 3 required for class)

Course: 5km Course Red Buoys

5km course. Red Buoys. 5km circuit on the Murray River, Starting at the Yarrawonga Caravan Park boat ramp paddle downstream on the right of the river 2.5km to the red turning buoys turning anticlockwise and paddling upstream on the right hand side towards the dead river and a portage at the Green Patch boat ramp and turning anticlockwise just before the Caravan park boat ramp to complete one lap, on the last lap the finish will be upstream level with the boat ramp.

Short course. Green Buoys. Short courses same start at the boat ramp paddle downstream but turn at green buoy at the 500m, 1km or 2km mark then return upstream.

Typical Murray River conditions- slight current and snags

Race Fee: Seniors $25.00, Students $20, juniors $15.00, Sub Juniors/Novice $5.00
Entries From: On the day from 8.00am until Briefing
Briefing: Classic & Challenge 8.45am Adventure & Novice 9.15am
Services: The YM ACC will have a full range of food and drinks from the club house for the duration of the race and a BBQ after the race.

Arrive on Saturday afternoon and enjoy the Yarrawonga Waterfest from 4pm at the Yarrawonga Yacht Club that will include junior paddle time trial and other water sport activities including Yachting, Rowing, SUP and windsurfing.

Stay the night and enjoy the great range of clubs, pubs, and restaurants.

Contact: Tim Roadley, email: timroadley@gmail.com, Mobile 0417373376
Grand Prix 2 Footscray

Saltwater Canoe Classic

SUN 4TH FEBRUARY

Venue: Footscray Canoe Club, Farnsworth Ave (cnr Maribyrnong Blvd) Footscray Melways map 42 D2

Course: One or more laps of the Maribyrnong River. Flatwater, no snags, no eddies. Cycle track follows entire course.

Start/Finish: Footscray Canoe Club

Distance:
- Open, Mens V35: 24km
- Womens V35, Mens V45, Mixed V45, All U18: 18km
- Womens V45, Mens V55, Mixed V55, All U16: 12km
- All canoes: 12 km
- Womens V55, All U14: 8km
- Sub Juniors: 3km

Classes/Rules: As per CV Marathon rules

Entry Fee:
- AC members: Seniors $25 / Juniors $15
- Non-AC members: Seniors $35 / Juniors $20

Entries: Click here to enter online

Late Entries: Online entries close midnight Fri 2nd Feb.

On the day: Open: 8.00 am; Close 9.00 am

$5 late entry fee applies

Briefing: 9:30 am

Race Start: 10:00 am (Sub Juniors Start 9:30am)

Canteen: Hot food, drinks, coffee available for full duration of the race.

Facilities: Ample car parking. Hot showers, change room, toilets available.

More info: www.footscray.canoe.org.au

Contact: footscray@canoe.org.au

Neil White 0400 985 121 (a/h) or Annette Scott 0414 406 213
Grand Prix 3 & 4 Albury

Frank Harrison Memorial Race

10 & 11TH FEBRUARY

Venue: Murray River, Mitta Mitta Canoe Club, Noreuil Park, Albury, NSW

<table>
<thead>
<tr>
<th>Weir Wall</th>
<th>Waterworks</th>
<th>Noreuil Park Finish</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="Image" alt="Map of Weir Wall" /></td>
<td><img src="Image" alt="Map of Waterworks" /></td>
<td><img src="Image" alt="Map of Noreuil Park Finish" /></td>
</tr>
</tbody>
</table>

Races:

<table>
<thead>
<tr>
<th>Senior Singles</th>
<th>Junior Doubles</th>
<th>Saturday Afternoon:</th>
<th>Weir Wall</th>
<th>26km</th>
<th>3.30 pm Start</th>
</tr>
</thead>
<tbody>
<tr>
<td>Waterworks</td>
<td></td>
<td></td>
<td>16km</td>
<td>4.30 pm Start</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Senior Doubles</th>
<th>Junior Singles</th>
<th>Saturday Afternoon:</th>
<th>Weir Wall</th>
<th>26km</th>
<th>3.30 pm Start</th>
</tr>
</thead>
<tbody>
<tr>
<td>Waterworks</td>
<td></td>
<td></td>
<td>16km</td>
<td>4.30 pm Start</td>
<td></td>
</tr>
</tbody>
</table>

Course: One way downstream. Moderate current with snags.

Race Fee: Seniors $30.00, Juniors $20.00. $10.00 discount if entry on both days

Entries: Only online entries. No entries on the day. 

Registration: Open 2 hours before the start of the race to confirm entry and collect number (No entries on the day)

Briefing: Approximately 30 minutes before the start.

Prizes: $200 Women, $100 Men, Junior and Canoe plus ‘On the Spot’ prizes

Services: Craft shuttle to leave Noreuil Park - Saturday 1.30 pm 
- Sunday 8.00 am

Be early to secure a spot.

MMCC members are available to carpool competitors to their start if required
BBQ and drinks available at MMCC Clubhouse, Noreuil Park after the race.

Contact: Russell Wood, Email: rustwood@bigpond.net.au Mobile 0401 901 456.
Summer Finale - Geelong
SUNDAY 4TH MARCH

Host /Venue: Geelong Canoe Club, Marnock Road, Newtown opposite the Balyang Sanctuary.
Entries Open: 8.30 on race day (no online facility) but please arrive well before ‘close’ time
Entries Close: 9:00 am sharp, Briefing: 9:30 am, Start Time: 10:00 am
Entry Fees:
- Adult: $30 CV member, $40 non CV members
- U18 & U23: $20 CV members, $25 non CV members
Classes/Rules: Ages per AC rules. Under 18 as at 1st January 2018, veterans as at 31st Dec 2018
Race day contact: Peter Currie curiepg@hotmail.com

Laps –
- Full lap: Start, to red buoy at top turn, back to red buoy at bottom turn, back to start. - 6km
- Short lap: Start, to yellow buoy, back to bottom red buoy, back to start - 3km
- Portages for K class boats only

Kayaks Open, V35: 24 kms, 4 laps, 2 portages - after 2nd and after 3rd laps
Canoes Open, V35. Kayaks U18, V45: 18 kms, 3 laps, 1 portage after 2nd lap
Canoes V45. Kayaks V55: 15 kms, 1 full lap and 1 short lap. 1 portage after 1st lap
Kayaks U16: 12 kms, 2 laps. No portage
Kayaks U14: 9 kms, 3 short laps. No portage
Sub Juniors: 2.2km. Start to Princes Bridge, to bottom turn red buoy, back to start (twice).

Craft Classes: K1 for all age groups, Other kayak - compilation of TK, surf ski, SOT, adventure kayaks all age groups
C1 and TC1 for all age groups. Doubles will be open male and female only.

Paddlers must keep all coloured buoys to their left. Paddlers must pass between the two white buoys when finishing only.
The finish line is an imaginary line between the orange post on the south bank and the pole in front of the finish tent.
Warm up area is to the left of landing towards the rowing strait.
Rachel De Kretser & Emily O'Rourke - Junior K2  2017 ICF World Championships in South Africa  Photo Courtesy of Sue O'Rourke

School Championships – Le Mans start 2017 at Lilydale Lake  Photo Courtesy Dean Jones
SUNDAY, 18TH MARCH 2018

2018 VICTORIAN SCHOOLS CANOE CHAMPIONSHIPS

Nagambie Lakes Regatta Centre, Nagambie
Short-course Marathon races in the morning, ranging from ~2-4 km depending upon age, with a Le Mans start on the beach for U16 and U18 paddlers and an on-water start for U12 and U14 paddlers. There will be a beach portage for U16 and U18 ICF boats (K1, K2, C1, C2). 200 m Sprint races will be held in the afternoon. Paddlers may compete in up to four events (marathon singles & doubles, sprint singles & doubles).

Register on-line at www.webscorer.com/register?raceid=118258 or via email at marathon@canoevic.org.au.

Early bird entry (before 8th March) $35/paddler ($30 for AC members) for four events.

See www.vic.canoe.org.au for more information.

CANOEING VICTORIA
www.vic.canoe.org.au
cvooffice@canoevic.org.au
Footscray Taper Race
SUNDAY 15TH APRIL 2018

Come down to Footscray on the weekend before the Vic Marathon Champs to do 1, 2 or 3 races of 6km (Singles, Doubles and Mixed Doubles)

| Venue | Footscray Canoe Club, Farnsworth Ave (cnr Maribyrnong Blvd), Footscray Melways map 42 D2 |
| Course/Distance | One 6km lap on the Maribyrnong River. (One 2km lap for U12) Start and finish at Footscray Canoe Club. Flatwater, no snags, no eddies. Cycle track follows entire course. |
| Boat Classes | Singles: K1, TK1, C1, TC1, OS1, SS1, OC1, V1, RS1, RM1, RL1 Doubles: K2, TK2, C2, TC2, OS2, SS2, OC2, V2, RS2, RM2, RL2 |
| Age Classes | U12, U14, U16, U18, O (Open), V35, V45, V55, V65 |
| Classes/Rules | As per CV Marathon rules. Each Boat/Gender/Age combination represents a class e.g. K1-FV35 is K1, Female, Vet35+ ‘X’ denotes Mixed Double: one Male + one Female. Juniors are permitted to race up to Open class. Seniors are permitted to race down to Open class. Medals awarded for the first 3 placings in each class. |
| Entry Fee | AC/AOCRA Junior (under 18) $15 for 1 race $20 for 2 races $25 for 3 races AC/AOCRA Senior Racing (18+) Non-member junior (under 18) $20 for 1 race $25 for 2 races $30 for 3 races AC Senior Recreational Non-member senior (18+) $30 for 1 race $35 for 2 races $40 for 3 races |
| Entries | To enter online >> [https://www.webscorer.com/register?pid=1&raceid=128699](https://www.webscorer.com/register?pid=1&raceid=128699) Entries are only online via Webscorer – NO ENTRIES ON THE DAY! Entries close 8pm Sat April 14th Payment is only on the day. |
| Payment | 07:30 to 08:15 on the day Pay on the day and pick up race numbers. |
| Briefing | 08:15 am |
| U12s | 08:30 am All U12 classes Shorter course of 1 lap of 2km |
| Race 1 | 09:00 am All Male Single classes (e.g. K1-MO, OC1-MV55, etc) All Female Double classes (e.g. C2-FU18, RS2-FV35, etc) |
| Race 2 | 10:15 am All Female Single classes (e.g. K1-FV65, OC1-FV55, etc) All Male Double classes (e.g. TC2-MU16, RL2-MV35, etc) |
| Race 3 | 11:30 am All Mixed Double Classes (e.g. OC2-XV35, etc) |
| Canteen | Hot food, drinks, coffee available for full duration of the race. |
| Facilities | Ample car parking. Hot showers, change room, toilets available. |
| Contact | footscray@canoe.org.au Neil White 0400 985 121 (a/h) |

Official – correct as of Apr 3rd 2018. Keep checking Footscray FB page for updates
2018 Victorian Marathon Championships

**SAT, 21**<sup>ST</sup> & **SUN, 22**<sup>ND</sup> **APRIL 2018**

**2018 VICTORIAN MARATHON CHAMPS**

*Barwon River, Geelong Canoe Club, Newtown*

Join in the excitement and paddle to determine who will be the Victorian state champions for 2018. This is also the selection event for the Victorian Team to compete at the Australian Championships in Adelaide in May. But you don’t need to be heading to Adelaide to do this race; it is a great course for competitors and spectators alike, with a bike path following the river and portage action just in front of the clubhouse.

See next page for distances.

Register online by Thursday, 19<sup>th</sup> April (no on-the-day entries) at [https://www.webscorer.com/registerseries?seriesid=123754](https://www.webscorer.com/registerseries?seriesid=123754)

Check-in: 8:30-9:00 am, briefing 9:30 am, racing starts 10:00 am.

The race distances for the 2018 Vic Champs are shown below. These have been set to broadly match the race distances set for the Australian Marathon Championships. However, distances may differ slightly due to the difference in lap lengths at the two venues.

Classes for Vet paddlers have been set based on ten year age groups, given the smaller number of paddlers relative to Australian Championships. These age groups have been consolidated from the five year age categories based on the same race distance and, for ICF class boats, portage requirements. Hence Vet age classes are V35-44, V45-54 and V50-54, which involve portage if in ICF class boats, and V60-69 and V70+, which are not required to portage. Vet paddlers in the V35-54 age range who are unable to portage may request a time penalty in lieu of portaging, as explained in the CV Marathon portage policy, which is available on the CV website. Paddlers in touring, recreational or unrestricted class canoes, kayaks or skis are not required to portage.

As in previous years we may need to further consolidate some classes depending upon entry numbers. We may also adjust the race distances to accommodate paddler requirements. Depending upon entry numbers we may consolidate U23 and Open age groups and have set common distances for these classes.

We look forward to your involvement in the Vic Champs and two days of great racing.
Winter Series Race 1 Barwon Heads – Singles

SUN, 6TH MAY 2018
WS1 BARWON HEADS

Barwon Heads Canoe Club, Barwon Heads

This is a designated "singles" event. Doubles craft are welcome. You may choose the distance you wish to paddle, regardless of your divisional ranking. However, please do not choose the longest distance unless you can paddle at greater than 12 km/hr over that distance.

Portage will be included for Division 1 to 5, depending upon conditions and volunteer numbers.

Wearing of an approved PFD (personal flotation device) is mandatory for this event.

Paddlers entering the social paddle category should select "social paddler" under the AC membership type.

Register at https://www.webscorer.com/register?raceid=123737

Contact: Mick and Kate Leverett  0435 418 704

Organised by
CANOEING VICTORIA MARATHON

Marathon Winter Series Race 1
_________
Singles Race
_________
Barwon River
_________
Must enter online by 5pm Friday 4th May
No entries accepted on the day
_________
Check-in 8.30 – 9.00 am
Briefing 9.30 am
Racing starts at 10.00 am
National Canoe Marathon Championships

FRIDAY 18TH – SUNDAY 20TH
MAY 2018
West Lakes,
Adelaide, South Australia

For up to date information on the event go to www.canoe.org.au or join the event on Facebook:

The Australian Canoe Marathon Technical Committee and Paddle South Australia look forward to jointly hosting the 2018 Australian Canoe Marathon Championships on 18 and 20 May 2018 at Westlakes, Adelaide, South Australia.

Competition held on 19 and 20 May 2018.

Apart from the date there will be several new changes to the Championships. These are:

- Introduction of a new integrated registration, race timing and results system.
- Volunteers and Officials will be able to register through the same system.
- Introduction of Masters non-selection classes. These classes will not be required to portage.
- There will be no Main Briefing on the Friday afternoon.
- Introduction of a revised Team Selection process.


Jerry Dunn, Chair, ACMTC  Contact email marathon@canoe.org.au
SUNDAY, 3RD JUNE

WS 2 HAWTHORN

Hosted by Fairfield Canoe Club at Tay Creggan, 30 Yarra St. Hawthorn, Melway map 44 K11

Starting at Strathcona’s Tay Creggan campus paddlers will head towards the city doing either a long course turning at Herring Island or a short course turning near the Capital City Trail before heading upstream to Victoria Gardens and back to Tay Creggan.

Div 1&2 – 2 long laps; Div 3&4 – 1 long, 1 short; Div 5&6 – 1 long; Div 7,8,&9 – 1 short. This will be a designated doubles race.

No portage.

Register at https://www.webscorer.com/register?raceid=123739 Before 5.00 pm Friday 1st June.

See www.vic.canoe.org for more information regarding parking and boat loading. Catering will be available.

CV Marathon contact Joe Alia (0418 920 401)
FCC contact  Pat McLean (patmacleane@netspace.net.au)
FCC contact on race day Rowan Doyle (0418 397 033)

Thank you to Strathcona Baptist Girl’s Grammar School for the use of their campus.
WS 2 – Tay Creggan - Course Map

2018 Winter Series Race 2 – Yarra city loop
Course map

Victoria Gardens All Divs

Safety notes
○ Keep to the right at all times / don’t cut corners
○ Watch out for snags and other river users
○ Give room when overtaking
○ Provide help to others in distress

Start / Finish Tay Creggan (Strathcona) (0.0 km)

Herring Island
Divs 1-6

Capital City Trail Divs 7, 8 & 9

<table>
<thead>
<tr>
<th>Buoy coordinates</th>
<th>Latitude</th>
<th>Longitude</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start/Finish</td>
<td>-37.8260</td>
<td>145.0185</td>
</tr>
<tr>
<td>Victoria Gardens</td>
<td>-37.8106</td>
<td>145.0123</td>
</tr>
<tr>
<td>Capital City Trail</td>
<td>-37.8332</td>
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</tr>
<tr>
<td>Herring Island</td>
<td>-37.8333</td>
<td>145.0011</td>
</tr>
</tbody>
</table>

Div 1, 2 (26 km) – 2 long laps
1. Start at Tay Creggan, head downstream
2. Turn at Herring Island (4.2 km), head upstream
3. Go past Start/Finish, continue to Vic Gardens (10.7 km)
4. Turn around red buoy, head downstream
5. Go past Start/Finish to Herring Island (17.2 km), head upstream to Vic Gardens (24 km)
6. Turn around red buoy, head downstream
7. Finish at Tay Creggan (26 km)

Div 3, 4 (21 km) – 1 long lap, 1 short lap
1. Start at Tay Creggan, head downstream
2. Turn at Herring Island (4.2 km), head upstream
3. Go past Start/Finish, continue to Vic Gardens (10.7 km)
4. Go past Start/Finish to Capital City Trail (15 km), head upstream to Vic Gardens (19 km)
5. Turn around red buoy, head downstream
6. Finish at Tay Creggan (21 km)

Div 5, 6 (13 km) – 1 long lap
1. Start at Tay Creggan, head downstream
2. Turn around Herring Island (4.2 km), head upstream
3. Go past Start/Finish (8.5 km), continue to Vic Gardens (10.7 km)
4. Turn around red buoy, head downstream
5. Finish at Tay Creggan (13 km)

Div 7, 8 & 9 (8 km) – 1 short lap
1. Start at Tay Creggan, head downstream
2. Turn just downstream of Scotch/City Link/Capital City Trail (2 km), head upstream
3. Go past Start/Finish (4 km), continue to Vic Gardens (8 km)
4. Turn around red buoy, head downstream
5. Finish at Tay Creggan (8 km)

n.b. distances are approximate
Winter Series Race 3 - Fairfield - Singles

SUNDAY, 24TH JUNE
WS 3 FAIRFIELD

Hosted by Ivanhoe Northcote Canoe Club, Fairfield Park Boathouse, Fairfield - Melway Map 30, J12

Course distances TBA.

This is a designated "singles" event. Doubles craft are welcome.

You may choose the distance you wish to paddle, regardless of your divisional ranking. However, please do not choose the longest distance unless you can paddle at greater than 12 km/hr over that distance.

No portage.

Register at https://www.webscorer.com/register?raceid=123740 before 5.00 pm Friday 22nd June.

Race Coordinator (TBA)
CV contact Joe Alia (CV Marathon, 0418 920 401) or John Young (0417 444 350).

Marathon Winter Series Race 3

Singles Race

Yarra River

Must enter online by 5pm Friday 22nd June
No entries accepted on the day

Check-in
8.30 – 9.00 am
Briefing
9.30 am
Racing starts at
10.00 am

Organised by
CANOEING VICTORIA MARATHON
Winter Series Race 4 – Albury – (S/D/Teams)

SUNDAY, 22ND JULY

WS 4 ALBURY

Host: Mitta Mitta Canoe Club
Venue: Gateway Lakes at Albury

The event will consist of three short-course marathon races, comprising singles, doubles and teams.

Further information will be provided in a later update.

Register at https://www.webscorer.com/register?raceid=123741
Before 5.00 pm Friday 20th July.

Race Coordinator: Russell Wood
CV contacts Joe Alia (CV Marathon, 0418 920 401) or John Young (0417 444 350).

Marathon Winter Series Race 4

Singles/Doubles /Teams Race

Albury Gateway Lakes

Must enter online by 5pm Friday 20th July.
No entries accepted on the day.

Check-in
8.30 – 9.00 am
Briefing
9.30 am
Racing starts at
10.00 am

Organised by CANOEING VICTORIA MARATHON
Footscray Salty Single Blader

SUNDAY 29TH JULY 2018

Venue: Footscray Canoe Club, Farnsworth Ave (cnr Maribyrnong Blvd) Footscray Melways map 42 D2

Course: One lap of the Maribyrnong River (TBD). Flatwater, no snags, no eddies. Cycle track follows entire course.

Boat Classes: C1, TC1, C2, TC2. SUP (tbd)

Start/Finish: Footscray Canoe Club

Distance:
- Race 1: Women C1, Men C2, Women TC1, Men TC2. 6km
- Race 2: Men C1, Women C2, Men TC1, Women TC2 6km
- Race 3: Mixed Double C2 and TC2. 6km

Classes/Rules: As per CV Marathon rules

Entry Fee: TBA

Entries: Online entries close TBD
See www.footscray.canoe.org.au for details.

Late Entries: TBA if late entries accepted

Briefing: 08:30am.

Race Start: 09:00am.

Canteen: Hot food, drinks, coffee available for full duration of the race.

Facilities: Ample car parking. Hot showers, change room, toilets available.

More info: www.footscray.canoe.org.au

Contact: footscray@canoe.org.au

Check for updates at www.footscray.canoe.org.au
Winter Series Race 5 – Lilydale Lake - Singles

SUN 19TH AUGUST

WS 5 LILYDALE LAKE

Hosts: Canoe Victoria

Course format to be advised closer to the date (and the diary will be updated accordingly) however CV are looking at a different short course format.

This is a designated "singles" event but be aware that there may be a format change.

Register at https://www.webscorer.com/register?raceid=123742

Before 5.00 pm Friday 17th August.

Race Coordinator: CV Joe Alia (CV Marathon, 0418 920 401) and John Young (0417 444 350).

Organised by

CANOEING VICTORIA MARATHON
SUNDAY, 9TH SEPTEMBER 2018
2018 WS6 5000 M & RELAY SPRINTS
Nagambie Lakes Regatta Centra, Nagambie, VIC
This is a new event for the 2018 calendar. You can enter up to four events: 5000 m singles sprint, 5000 m doubles sprint, 4 * 500 m singles relay sprint and 4 * 500 m doubles relay sprint. Racing is based on a divisional format (with Winter Series canoe classes) so you compete against others of a similar speed. Form a team from your club or training group for the relay sprints, or enter the pool and we’ll arrange a team for you.

Register at https://www.webscorer.com/register?raceid=123743

No on-the-day entries.

Check-in: 8:30-9:00 am, briefing 9:30 am, racing starts 10:00 am.

No portage. See www.vic.canoe.org.au for more information.
SATURDAY, 13TH OCTOBER 2018
2018 WS7 ECHUCA MINI MARATHON

Barmah to Echuca, Victoria
The Echuca Mini is back for 2018. This is a great lead up event to the Massive Murray Paddle and is the final race in the 2018 Canoeing Victoria Marathon Winter Series. Offering classes for canoes, kayaks, skis and SUPs, with full distance and relay options. Register at https://www.webscorer.com/register?raceid=123744

This year is a designated doubles race for trophies; singles are also welcome.

Early bird entry (until 4th October): Full distance $35 AC members, $45 others; Relay $30 AC members, $40 others; less for juniors and 65+. Registration closes 8:00 pm, 11th October; no on-the-day entries.

There will be a dinner on Saturday night for Winter Series awards and prizes, and a social paddle on Sunday morning.

See www.vic.canoe.org.au next page for safety requirements and more information.
Safety requirements for Echuca Mini Paddlers

To: 2017 CVGT Echuca Mini Marathon Paddlers
From: Canoeing Victoria Marathon Committee
Date: 1st September 2017
Subject: Safety requirements for participation in the 2017 CVGT Echuca Mini Marathon

All paddlers are required to have the following safety equipment with them while on the water.

1. A correctly fitted Type 1 or Type 2 PFD complying with AS4758 Level 50 or higher. Please note inflatable PFDs are not acceptable, due to the need for the paddler to be conscious to activate the PFD and for the need for annual testing to ensure compliance.
2. A pea-less whistle, tied to your PFD. This provides greater range in alerting others to your situation than shouting. Toy whistles are not acceptable.
3. An emergency blanket and a dry bag with a change of clothes (e.g., a thermal and/or cag and a hat/beanie).
4. Appropriate clothing (including headgear) for the conditions (heat, cold, sun, wind, etc.).
5. Sufficient food and drink.
6. All craft must carry a mobile phone in a waterproof pouch. The mobile phone should have the “Emergency+” and “Glyimpse” apps loaded. These apps are free. The Emergency+ app provides rapid access to 000, SES and Police services, as well as providing your latitude and longitude coordinates to aid in the event of rescue. The Glyimpse app is a tracking app that enables your land crew and event safety personnel to determine your location.
7. All craft must have sufficient fixed buoyancy to remain floating level when full of water.
8. All craft must have a race number holder fixed to the craft so that your craft can be identified. (For SUP and ski paddlers: these holders can be affixed with double-sided waterproof tape).

There will be three safety boats on the river, equipped with UHF radios. The checkpoints (Start, “C”, “D” and Finish) will also have UHF radios.

As with all our marathon races, all paddlers are required to offer assistance to any other paddler in difficulty. Please do not pass another paddler in difficulty; ask if they need assistance. We shall provide an adjustment to your race time to reflect the time you spend helping others. Failure to assist another paddler in distress will result in disqualification.
Bendigo Cup Festival of Paddling – Marathon & Sprint
SATURDAY 20TH & SUNDAY 21ST OCTOBER

The Bendigo Cup is a popular weekend of paddling for schools and Marathon paddlers, this year we also want to cater for all types of craft and abilities by including a Community Fun Paddle on the lovely Loddon River. To support this initiative we have some great spot prizes.

On the Sunday the Bendigo Friendly sprints will also include all craft and abilities and also have spot prizes. We even have a class for stand up paddleboards.

We also cater for canoes, outriggers, Sit-ons, sups, skis, sea kayaks, whitewater and touring boats. Spot Prizes.

Saturday 20th: Marathon & Community Fun Paddle, Bridgewater (follow signs)

<table>
<thead>
<tr>
<th>Entries open:</th>
<th>9.00am</th>
</tr>
</thead>
<tbody>
<tr>
<td>Entries close:</td>
<td>10.00am</td>
</tr>
<tr>
<td>Briefing:</td>
<td>10.30am</td>
</tr>
<tr>
<td>Start time:</td>
<td>11.00am</td>
</tr>
</tbody>
</table>

- Course map will be available on the day
- Lifejackets must be worn
- Toilets and showers available on site
- Catering and other refreshments will be available

Bendigo Cup Marathon. Distances will be either 10 or 20 km

Trophies:
- Robert Bearham Memorial Trophy
- Handicap Trophy (20km)
- Medals for all place getters in age groups

Saturday 20th: Community Fun Paddle.

For those who wish to just enjoy the river, for all levels and types of craft, everybody gets a chance to win a nice spot prize. Distance is between 6 and 8 km.

Sunday 21st: Bendigo Friendly Sprints in Bendigo at Lake Weeroona.

We also cater for canoes, outriggers, Sit-ons, sups, skis, sea kayaks, whitewater and touring boats.

Division style racing based on your 200 metre time, when emailing us include an estimate of your time.

<table>
<thead>
<tr>
<th>Entries open:</th>
<th>8.00am</th>
</tr>
</thead>
<tbody>
<tr>
<td>Entries close:</td>
<td>9.00am</td>
</tr>
<tr>
<td>Briefing:</td>
<td>9.30am</td>
</tr>
<tr>
<td>Start time:</td>
<td>10.00am</td>
</tr>
<tr>
<td>Distances:</td>
<td>400,200’s and also a LD event (tbc)</td>
</tr>
</tbody>
</table>

- Toilets are available on site
- Catering and other refreshments will be available
- Great spot prizes

Entry Process and fees:
1. Can you please email the club with the following: your name, type of boat, your age, estimate of your time and if paddling a double your partners name and age. Contact: bcc@live.com.au
2. You can pay on the day, however please bring correct money
3. Can Groups and schools please email the club their list, one week prior or asap.

Community fun paddle $10 or $30 per family
Saturday marathon $25 adults, $20 junior
Sunday sprints $20 adults, $15 junior
Both day’s $40 adults, $30 junior

For more information Contact: bcc@live.com.au
This event simulates the Murray Marathon, with full distance and relay categories. Transport is required for relay teams.

Venue: Footscray Canoe Club, Farnsworth Ave (cnr Maribyrnong Blvd) Footscray Melways map 42 D2

Course: Start and finish at Footscray Canoe Club, with one checkpoint (change over) at Canning Street Reserve. Flatwater, no snags, no eddies. Cycle track follows entire course.

Start/Finish: Footscray Canoe Club

Distance: 
- Open, Mens/Mixed V40 and all Relay Teams: 28km
- Womens V40, Mens/Mixed V50, and all U18: 22km
- Womens V50, Mens/Mixed V60, and all U16: 17km
- Womens V60, all U14: 10km
- Sub Juniors (U12): 3km

Classes: All canoes/kayaks catered for.

Checkpoints: There is a check point at the top turn and at the start/finish line.

Relay Teams: Relay teams must consist of at least 2 crews. Relay teams must change at each checkpoint, within 150m of the checkpoint. No crew can paddle consecutive legs. Relay teams are responsible for their own transport to/from the top turn checkpoint. All team paddlers are to pay the full entry fee.

Entry Fee: 
- Seniors $25-30 / Juniors $20-25 (TBC)
- Non-AC member paddlers $10/$5 extra

Entries: Enter online for discount. Online entries close Thu 8th November. See www.footscray.canoe.org.au for details. School teams must be entered through their school coordinator.

Late Entries: On the day: Open: 8.00 am; Close: 9.00 am; additional late entry fee may apply

Briefing: 9.30 am

Race Start: **10.00 am (Sub Juniors Start 9:30 am)**

Canteen: Hot food, drinks, coffee available for full duration of the race.

Facilities: Ample car parking. Hot showers, change room, toilets available.

More info: www.footscray.canoe.org.au

Contact: footscray@canoe.org.au
Neil White 0400 985 121 (a/h) or Uby Woods 0419 166 664
The Marathon is one of the world’s longest canoe races covering a distance of 404km over its five day duration. The event originated in 1969, when ten friends decided to paddle the Murray River to raise $250 for charity. The Marathon attracts many paddlers and support crews.

The event starts in Yarrawonga and finishes in Swan Hill, passing through Tocumwal, Picnic Point, Echuca, Torrumbarry, Cohuna and Murrabit on the way.

**Do not miss competing in the Murray Marathon 50th Anniversary**

Registration is open now at:  

Note: Whilst the paddling commences 19th Nov, registration and briefing is on the day before, 18th November.

- Full distance  
- Part distance  
- Individual or Team Relay  
- … many options

All the details you need to know about the race, how to enter, course maps and support information can be found at https://www.massivemurraypaddle.org.au/
Ben Ward Memorial 40 Miler

2 DAYS OF RACING

SATURDAY TRADITIONAL
40 MILER – YARRAWONGA TO COBRAM

SUNDAY CIRCUIT RACE
BASED AT THOMPSONS BEACH COBRAM

3 CHECKPOINTS / LAPS
BOTH DAYS

FULL DISTANCE & RELAYS
BOTH DAYS

8th & 9th DECEMBER
Ben Ward Memorial 40 Miler

Cobram Barooga Canoe Club

Both days:
- Entries from 7.30am to 8.00am.
- Briefing at 8.30am with Race Start 9.00am
- Course Maps provided with entries

Saturday 8th
- Start at Yarrawonga Caravan Park, finish at Thompsons Beach Cobram

Sunday 9th
- Start and finish Thomson’s Beach Cobram (Saturday finish point)
- Circuit race of three approx 7.5km laps.

Website: http://cbcc.elementfx.com/index2.htm

Facebook: Ben Ward 40 Miler Canoe Race

Club Contact: Damien Guthrie 0457 221 012
Other Marathon Races

2018 ICF Canoe Marathon World Cup VIANO DO CASTELO, Portugal 25\textsuperscript{th} -27\textsuperscript{th} May


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Riverland Paddling Marathon 9\textsuperscript{th} – 10\textsuperscript{th} June 2018, South Australia

http://www.riverlandpaddlingmarathon.com

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Avon Descent 4\textsuperscript{th} – 5\textsuperscript{th} August 2018, Western Australia

http://www.avondescent.com.au

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2018 ICF Canoe Marathon Masters World Cup, Vila Verde, Portugal 2\textsuperscript{nd} – 4\textsuperscript{th} September & 2018 ICF Canoe Marathon World Championships, Vila Verde, Portugal 6\textsuperscript{th} – 9\textsuperscript{th} September

WS3 2017 – Fairfield Teams Race - Reka Abraham & Sabastian Wakim  Photo courtesy Dean Jones
Hawkesbury Canoe Classic – 27th & 28th October 2018

http://www.canoeclassic.asn.au

Murray Quad – Peaches & Cream Paddle – 17th November 2018

2017 World Championships, South Africa – Matilda Stevenson & Isabel Neilson U23 K1
Photo courtesy Sue O’Rourke
### Paddle NSW 2018 Marathon event schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday, February 3, 2018</td>
<td>PNSW 2018 Marathon Race 1 - Canberra (Burley Griffin Canoe Club)</td>
</tr>
<tr>
<td>Saturday, February 24, 2018</td>
<td>PNSW 2018 Marathon - Race 2 - Wagga (Wagga Bidgee Canoe Club)</td>
</tr>
<tr>
<td>Sunday, March 17, 2018</td>
<td>PNSW 2018 Marathon – Race 3 - Woronora (Sutherland Shire Canoe Club)</td>
</tr>
<tr>
<td>Sunday, April 8, 2018</td>
<td>PNSW 2018 Marathon - Race 4 - Wyong (Central Coast Canoe Club)</td>
</tr>
<tr>
<td>Sunday, April 22, 2018</td>
<td>PNSW 2018 Marathon - Race 5 - Lane Cove (Lane Cove River Kayakers)</td>
</tr>
<tr>
<td>Saturday, May 12, 2018</td>
<td>PNSW 2018 Marathon – State Championships - Grays Point (CSKC)</td>
</tr>
<tr>
<td>Saturday, June 9, 2018</td>
<td>PNSW 2018 Marathon - Race 6 - Mylestom</td>
</tr>
<tr>
<td>Saturday, June 24, 2018</td>
<td>PNSW 2018 Marathon - Race 7 - Penrith</td>
</tr>
<tr>
<td>Saturday, July 15, 2018</td>
<td>PNSW 2018 Marathon - Race 8 - Narrabeen (MWKC)</td>
</tr>
<tr>
<td>Saturday, August 4, 2018</td>
<td>PNSW 2018 Marathon - Race 9 - Teralba (HVPC)</td>
</tr>
<tr>
<td>Sunday, August 25, 2018</td>
<td>PNSW 2018 Marathon - Race 10 – Windsor</td>
</tr>
<tr>
<td>Saturday, Sept 15, 2018</td>
<td>PNSW 2018 Marathon - Race 11 - Davistown</td>
</tr>
<tr>
<td>Saturday, Oct 20, 2018</td>
<td>PNSW 2018 Marathon - Race 12 - Burrill Lake (Makai)</td>
</tr>
</tbody>
</table>


### Canoe SA 2018 Marathon event schedule

Refer to the Canoe SA website (link below).


### Canoe Tasmania 2018 Marathon event schedule

Refer to the Canoe Tasmania website (link below). The 2018 schedule for Tamar CC is now listed but unsure if other clubs still to load up their schedule.


### Canoeing Victoria 2018 Downriver and Wild Water Series

**Links to Winter Series Race Forms**

*Marathon Winter Series – Where to find Online Entry link on WebScorer*

The links to enter online are found by going to [http://vic.canoe.org.au/paddlesports/marathon/](http://vic.canoe.org.au/paddlesports/marathon/) and a link to the WebScorer Online Entry system will be posted when entries open.

Race entries can be also be found on WebScorer by selecting the “Find registrations” option under the “Find races” tab at the top of the WebScorer webpage and searching by “Event name” for “2018 Vic” under the world map.

**Medical / Emergency Information Form**

Submission of a medical / emergency information form is *optional*. Due to privacy reasons this information is not retained and hence a new form is required to be submitted prior to each race. The form is made available to first aid personal and race officials on a need to know basis only.

Canoeing Victoria Marathon Points System

The purpose of the points system is to provide an equitable basis for comparing paddlers. We compare performance based on the handicap adjusted result for each paddler in each race. The handicap is based on each paddler’s age, gender, craft type and distance paddled. This means that if you are a capable paddler in a range of craft you should receive the same race points regardless of which type of craft or distance you paddle.

The handicap factors reflect the relative performance that can be achieved by paddlers, based on their age and gender, in a given craft and for the distance paddled.

- Age and gender factors are based on data from ICF Marathon World Championships and Masters World Cup events. We have augmented this with information derived from official USA distance running factors for those groups where there is limited paddling data (U12-U16 and V35+ women).
- Craft factors are based on Marathon World Championship, Hawkesbury Canoe Classic and Murray Marathon factors and CV Marathon analysis of selected craft data (such as dragon boats, surf boats and SUPs).
- Distance factors are based on kayaking world record data for various race distances.
- Para factors are based on 2015 Canoe Sprint and Canoe Marathon World Championship data and 2015 Para-Championships data and relate the para categories (KL1, KL2, KL3, VL1, VL2 and VL3) to the standard K1 category.
- Age and gender factors for crew boats reflects the average of the factors for each of the crew members.
- Handicap factor = age factor * gender factor * craft factor * distance factor

The Webscorer system is used for race registration, race timing and race results. Your results show two times: the actual time it takes you to complete the class/division you enter (on which placing’s for that class/division are awarded) and a handicap time, which compares the relative performance of all paddlers who participate in that race and on which points are awarded. The handicap time represents the time it would take you if you were an Open male paddler in a K1 to complete 5 km. We have chosen 5 km for comparison with international records.

The points for every paddler are tracked for the series. Paddlers will earn individual points for each race, regardless of “singles” or “doubles” race designation. The paddler's score for the series will be based on his or her best four races out of the six race series. The winning paddler on handicap in each race will earn 100 points and the points of all other paddlers will reflect their result relative to the winner: a paddler 80% as fast as the winner will earn 80 points. Club and school points will be based on the results of their best six paddlers in each race. This is to avoid unduly favouring larger clubs, and clubs and schools will also earn one point per paddler who participates to encourage attendance.

Age, gender, craft type, distance and para handicap factors are summarized on the following page, along with an example of how the handicap factors work. For more information contact Joe Alia or John Young.
## Combined age and gender factors

<table>
<thead>
<tr>
<th>Age category</th>
<th>Male / age factor</th>
<th>Gender factor</th>
<th>Female factor</th>
</tr>
</thead>
<tbody>
<tr>
<td>U12</td>
<td>0.861</td>
<td>0.884</td>
<td>0.761</td>
</tr>
<tr>
<td>U14</td>
<td>0.902</td>
<td>0.888</td>
<td>0.801</td>
</tr>
<tr>
<td>U16</td>
<td>0.935</td>
<td>0.891</td>
<td>0.833</td>
</tr>
<tr>
<td>U18</td>
<td>0.960</td>
<td>0.894</td>
<td>0.858</td>
</tr>
<tr>
<td>U23</td>
<td>0.986</td>
<td>0.897</td>
<td>0.884</td>
</tr>
<tr>
<td>Open</td>
<td>1.000</td>
<td>0.901</td>
<td>0.901</td>
</tr>
<tr>
<td>V35</td>
<td>0.967</td>
<td>0.897</td>
<td>0.867</td>
</tr>
<tr>
<td>V40</td>
<td>0.938</td>
<td>0.891</td>
<td>0.836</td>
</tr>
<tr>
<td>V45</td>
<td>0.908</td>
<td>0.883</td>
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<tr>
<td>V50</td>
<td>0.879</td>
<td>0.871</td>
<td>0.766</td>
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<tr>
<td>V55</td>
<td>0.852</td>
<td>0.858</td>
<td>0.731</td>
</tr>
<tr>
<td>V60</td>
<td>0.825</td>
<td>0.841</td>
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<tr>
<td>V65</td>
<td>0.795</td>
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<td>0.653</td>
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<tr>
<td>V70</td>
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<td>0.800</td>
<td>0.604</td>
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<tr>
<td>V75</td>
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<tr>
<td>V80</td>
<td>0.619</td>
<td>0.748</td>
<td>0.463</td>
</tr>
</tbody>
</table>

The combined age and gender factors represent the average speed achievable for men and women of various age groups, expressed relative to Open Men, based on a constant race distance. Data are shown for the mid-point in each age category.

The age factor is drawn from men’s Marathon World Championship and World Cup data for the 2010, 12, 13 and 15 years (2011 – Singapore and 2014 – Oklahoma City had limited masters participants).

The gender factor is drawn from U18, U23 and Open World Championship data for 2010, 12, 13, 14 and 15; and from official US road running factors for U12-U16 and V35+ categories (given limited paddling data for these age groups).

\[
\text{Female factor} = \text{male factor} \times \text{gender factor}
\]

Age and gender factors are based on the competitor’s age in years. For succinctness the table shows the factors for the mid-point of 5-year age categories.

## Distance factors

<table>
<thead>
<tr>
<th>Distance (km)</th>
<th>factor</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>1.060</td>
</tr>
<tr>
<td>5</td>
<td>1.000</td>
</tr>
<tr>
<td>8</td>
<td>0.970</td>
</tr>
<tr>
<td>12</td>
<td>0.946</td>
</tr>
<tr>
<td>16</td>
<td>0.929</td>
</tr>
<tr>
<td>20</td>
<td>0.915</td>
</tr>
<tr>
<td>24</td>
<td>0.905</td>
</tr>
</tbody>
</table>

The distance factors represent the ratio of the average speed over various race distances to 5 km (to enable comparison with international race records) (n.b. the 2014 and 2015 distance factors were based on 8 km, the base Winter Series race distance). Factors are drawn from world record data for men and women.

## Para factors

<table>
<thead>
<tr>
<th>Distance (km)</th>
<th>K factor</th>
<th>V factor</th>
</tr>
</thead>
<tbody>
<tr>
<td>KL1 / VL1</td>
<td>0.694</td>
<td>-</td>
</tr>
<tr>
<td>KL2 / VL2</td>
<td>0.769</td>
<td>0.684</td>
</tr>
<tr>
<td>KL3 / VL3</td>
<td>0.793</td>
<td>-</td>
</tr>
</tbody>
</table>

Para factors represent the ratio of the average speed for para athletes in K and Va’a classes relative to Open Men’s and Open Women’s K1 results. The factors are subject to some uncertainty given the limited data available (2015 World Sprint Championships over 200m and 2015 Marathon World Championships) and will be reviewed as required.
Craft factors represent the speed achievable in a given craft, expressed relative to an international class K1.

- Craft factors are based on actual race results where data are available to determine the impact of craft performance independent of crew performance.
- Where race data are not available craft factors are based on other Australian event handicap factors for consistency.
- N.b. Some of these factors appear to blend craft and crew performance (e.g. the TC2 factor is less demanding that the TC1 factor; for most other craft the corresponding doubles craft performance is approximately 6% better than the singles craft performance. The TC4 factor is also less than the TC1 and TC2 factors).
- International class (K1, K2, K4 and kneeling C1 and C2) factors are derived from analysis of Marathon World Championship data.
- Factors for touring kayaks, touring canoes, outrigger canoes and stand-up paddleboards are sourced from Hawkesbury Canoe Classic data. The factor for single SUPs was cross-checked against available race data.
- US pro-canoe / unrestricted canoe results are assumed equal to sitting C1 and C2 factors. The sitting C1 and C2 factors are drawn from HCC data.
- Unrestricted kayak factors are assumed equal to ICF K1 and K2 factors (otherwise K1 and K2 craft could enter UN1 or UN2 categories for advantage).
- Factors for V’aa craft (non-ruddered or ruddered) are assumed equivalent to the corresponding OC craft.
- Dragon boat factors are derived from analysis of 2012-2016 ICF dragon boat world championship data.
- Surf boat factor is derived from analysis of 2007-2016 Rooster’s River Run race results.
- Craft specifications are equivalent to those used in the Hawkesbury Canoe Classic and Riverland Paddling Marathon and specified by the ICF and Australian Canoeing.

Notes:

Para categories:
- KL1: (formerly K1 A) Athletes with no or very limited trunk function and no leg function and typically need a special seat with high backrest in the kayak.
- KL2: (formerly K1 TA) Athletes with partial trunk and leg function, able to sit upright in the kayak but might need a special backrest, limited leg movement during paddling.
- KL3: (formerly K1 LTA) Athletes with trunk function and partial leg function, able to sit with trunk in forward flexed position in the kayak and able to use at least one leg/prosthesis.

At the international level, Non-Paralympic Paracanoe events are the Va’a (outrigger) events. They use the same system of classification. The class titles are: VL1, VL2, VL3.

<table>
<thead>
<tr>
<th>Craft</th>
<th>factor</th>
<th>source</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Double blade</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>K1</td>
<td>1.000</td>
<td>CV Marathon</td>
</tr>
<tr>
<td>K2</td>
<td>1.069</td>
<td>CV Marathon</td>
</tr>
<tr>
<td>K3</td>
<td>1.110</td>
<td>CV Marathon</td>
</tr>
<tr>
<td>K4</td>
<td>1.155</td>
<td>HCC*</td>
</tr>
<tr>
<td>TK1</td>
<td>0.895</td>
<td>HCC</td>
</tr>
<tr>
<td>TK2</td>
<td>0.973</td>
<td>HCC</td>
</tr>
<tr>
<td>RK1</td>
<td>0.915</td>
<td>HCC LRec1*</td>
</tr>
<tr>
<td>RK2</td>
<td>0.955</td>
<td>HCC LRec2*</td>
</tr>
<tr>
<td>OS1/UN1</td>
<td>1.000</td>
<td>Same as K1</td>
</tr>
<tr>
<td>OS2/UN2</td>
<td>1.069</td>
<td>Same as K2</td>
</tr>
<tr>
<td>SS1</td>
<td>0.905</td>
<td>HCC S Ski1</td>
</tr>
<tr>
<td>SS2</td>
<td>0.989</td>
<td>HCC S Ski2</td>
</tr>
<tr>
<td>DRR1</td>
<td>0.848</td>
<td>HCC</td>
</tr>
<tr>
<td><strong>Single blade</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>C1-kneel</td>
<td>0.877</td>
<td>CV Marathon</td>
</tr>
<tr>
<td>C2-kneel</td>
<td>0.946</td>
<td>CV Marathon</td>
</tr>
<tr>
<td>C1-sit/UC1</td>
<td>0.852</td>
<td>HCC*</td>
</tr>
<tr>
<td>C2-sit/UC2</td>
<td>0.903</td>
<td>HCC*</td>
</tr>
<tr>
<td>C4-sit/UC4</td>
<td>0.932</td>
<td>HCC*</td>
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<tr>
<td>TC1</td>
<td>0.856</td>
<td>HCC*</td>
</tr>
<tr>
<td>TC2</td>
<td>0.846</td>
<td>HCC*</td>
</tr>
<tr>
<td>OC1/V1</td>
<td>0.892</td>
<td>HCC OC1</td>
</tr>
<tr>
<td>OC2/V2</td>
<td>0.922</td>
<td>HCC OC2</td>
</tr>
<tr>
<td>OC3/V3</td>
<td>tba</td>
<td>CV Marathon</td>
</tr>
<tr>
<td>OC6/V6</td>
<td>1.010</td>
<td>HCC OC6</td>
</tr>
<tr>
<td>SUP1</td>
<td>0.779</td>
<td>HCC</td>
</tr>
<tr>
<td>SUP2</td>
<td>0.829</td>
<td>CV Marathon</td>
</tr>
<tr>
<td>DB10</td>
<td>tba</td>
<td>CV Marathon</td>
</tr>
<tr>
<td>DB20</td>
<td>tba</td>
<td>CV Marathon</td>
</tr>
<tr>
<td><strong>Other</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Surfboat</td>
<td>0.856</td>
<td>CV Marathon</td>
</tr>
</tbody>
</table>

* Denotes under review for 2018
Example handicap results:
The handicap factor for a V40 female paddler competing in a TK1 over 12 km would be:
- Age (0.938) * Gender (0.891) * Craft (0.895) * Distance (0.946) * Para (1.000) = 0.708
- Handicap time = Race time * handicap factor (0.708) * 5 km/12 km
- If her actual time to complete the 12 km was 1 hr 20 mins, then her handicap time would be:
  - Handicap time = 80 min * 0.708 * 5/12 = 23.600 min = 23 min 36 sec.

The handicap factor for an Open male para paddler competing in a KL3 over 8 km would be:
- Age (1.000) * Gender (1.000) * Craft (1.000) * Distance (0.970) * Para (0.793) = 0.796
- Handicap time = Race time * handicap factor (0.796) * 5 km/8 km
- If his actual time to complete the 8 km was 52 mins, then his handicap time would be:
  - Handicap time = 52 min * 0.708 * 5/8 = 23.010 min = 23 min 0.6 sec.

Handicap factors for doubles boats reflect the average of the handicap factors for the crew.

World best times
The 10 World Best Times of winners during the official races in finals of the ICF events since 1975 (Olympic Games, World Championships, World Cups, and European Championships, Continental Championships and other canoe sprint events with acceptable high technical level), compiled by the ICF Canoe Sprint Committee as of 21st September 2015 are as follows.

| Men – K1 5000 m | \[18.00,040\] 2009 | NOR | LARSEN, Eirik Verås | Poznań (POL) |
| 2 | 18.09,000 | BLR | YURENIA, Aleh | Račice (CZE) |
| 3 | 18.43,000 | 2011 | PIMENTA, Fernando | Račice (CZE) |
| 4 | 19.14,043 | 2015 | WALLACE, Kenny | Duisburg (GER) |
| 5 | 19.44,059 | 2013 | WALLACE, Kenny | Duisburg (GER) |
| 6 | 19.45,700 | 2014 | WALLACE, Kenny | Račice (CZE) |
| 7 | 19.46,000 | 2013 | YURENIA, Aleh | Račice (CZE) |
| 8 | 19.47,100 | 2014 | HOFF, Max | Brandenburg (GER) |
| 9 | 19.48,520 | 2015 | WALLACE, Kenny | Copenhagen (DEN) |
| 10 | 19.50,998 | 2013 | WALLACE, Kenny | Poznań (POL) |

Canoeing Victoria Marathon Rules and Regulations

M01 Races conducted by the Canoeing Victoria Marathon Committee and affiliated clubs and organisations are open to all canoeists and are conducted under the rules set down by the International Canoe Federation and Australian Canoeing Marathon committees. These rules are to be followed at all times. Any paddler infringing on these rules may be disqualified. Competitors not members of Australian Canoeing and Victorian Canoeing affiliated clubs must on entry pay an Event License Fee.

M02 Competitors must agree to abide by the rules and the decisions made by the race committee.

M03 To be eligible to compete in the Victorian or Australian Championships paddlers must be “full” adult or junior members of a Canoeing Victoria affiliated club or a club affiliated to Australian Canoeing or the International Canoe Federation, not “recreational” members.

M04 A race jury shall be appointed for all major races or as required.

M05 All paddlers under the age of 18 years must have permission from their parent or guardian to compete.

M06 Age Classifications:
For junior competitors, ages are taken from 1st January in the year of competition.

- Sub junior under 12 years
- Junior 14 under 14 years
- Junior 16 under 16 years
- Junior 18 under 18 years

For Open Competitors, over 18 years
For veteran competitors, the first year a veteran competitor may compete in the relevant age group is the year of his/her birthday matching the youngest age for the category falls. (e.g. A competitor turning 35 in the year of competition may compete in the V35 category.)

- Veteran 35 35 years and over
- Veteran 40 40 years and over
- Veteran 45 45 years and over
- Veteran 50 50 years and over
- Veteran 55 55 years and over
- Veteran 60 60 years and over
- Veteran 65 65 years and over

M07 All paddlers may if they wish submit to the first aid officer a completed and confidential medical form prior to entering each race. Due to privacy reasons this information will be destroyed after each race. This confidential medical form will only be available to the Marathon Committee Chairperson, the Secretary, the chief official and the Marathon First Aid Officer. The information supplied will not be used in any way to prevent a paddler from competing but is designed as part of Canoeing Victoria Marathon Committee’s risk management policy.

M08 All winter series entries are to be made online prior to race day. All paddlers must register in person on the day, and doubles paddlers must register together.

M09 All boat numbers will be issued at registration.

M10 Starting orders will be determined at each race by the race organisers and announced at the pre-race briefing which all paddlers must attend.
M11 The 1st race will start as soon as possible after the briefing but not prior to the advertised time.

M12 Any paddler who withdraws from a race must notify the finish line officials on withdrawal.

M13 Life Jackets - Personal Flotation Devices (PFDs):
Regardless of the paddler's swimming ability or the river or water conditions, all paddlers must bring to the race, a PFD that is of a suitable size for them, in good order, and complies with Australian Standards and Victorian laws. All paddlers MUST wear an approved PFD in accordance with Victorian Laws. Exemptions may be granted by the appropriate regulatory authorities for events such as National Championships.

M14 Portaging:
Competitors may only portage at points designated and as set out by the race organisers. Portages are required for all racing boats (international classes - K1, K2, C1, C2) in Division 5 or higher or for Under 16, Under 18, Under 23, Open and Veterans international classes up to and including Vet 55. Competitors in Division 5 or higher or U16 and Veterans classes who are unable to portage must discuss this with the race committee prior to the race briefing. A time penalty may be applied. Portaging is compulsory for U18, U23 and Open international racing classes. Assistance with portaging may be provided consistent with ICF Marathon competition rules.

M15 State Marathon Team Selection Races
As part of the race calendar each year the Canoeing Victoria Marathon Committee is to select and nominate which races will be used as part of the selection criteria for those paddlers wishing to nominate for selection in the Victorian Team.
Paddlers may race under either the “divisional” or “class” systems at Victorian Marathon Winter Series races. Under the divisional system paddlers compete against others of similar ability (i.e. speed) regardless of age, gender or craft type. Under the class system paddlers compete against others of similar age, gender or craft type (e.g. Vet Mens TK1, Ladies TC1, etc.).

**Divisional System**

As noted above the aim of the divisional system is to enable paddlers to race others of similar ability and to provide a graduated system to prepare paddlers for national and international competition.

There are 10 divisions within this system, seven of which (Divisions 1 to 7) are performance based and three (Divisions 8 to 10) which are age based for juniors. Race distances, portage requirements and speed ranges for each division are noted below. In prior years a ranking system was used to promote or demote paddlers depending upon race results. The ranking system was suspended in 2015 to enable paddlers to choose the race distance they wish to paddle. N.B. paddlers should not choose the longest distance (Div 1 or 2) unless they meet the minimum speed requirement: it is not reasonable to expect volunteers to remain on station at races for one or two paddlers while all other participants have finished.

<table>
<thead>
<tr>
<th>Division</th>
<th>Distance (km)</th>
<th>Minimum speed (km/h) / (min/km)</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Div 1</td>
<td>24-25</td>
<td>12.5 / 4:48</td>
<td>Portage</td>
</tr>
<tr>
<td>Div 2</td>
<td>24-25</td>
<td>12.0 / 5:00</td>
<td>&quot;</td>
</tr>
<tr>
<td>Div 3</td>
<td>20</td>
<td>11.5 / 5:13</td>
<td>&quot;</td>
</tr>
<tr>
<td>Div 4</td>
<td>20</td>
<td>11.0 / 5:27</td>
<td>&quot;</td>
</tr>
<tr>
<td>Div 5</td>
<td>15-16</td>
<td>10.5 / 5:43</td>
<td>&quot;</td>
</tr>
<tr>
<td>Div 6</td>
<td>12</td>
<td>10.0 / 6:00</td>
<td>No portage</td>
</tr>
<tr>
<td>Div 7</td>
<td>8</td>
<td>-</td>
<td>&quot;</td>
</tr>
<tr>
<td>Div 8 (U16/U18)</td>
<td>8</td>
<td>-</td>
<td>&quot;</td>
</tr>
<tr>
<td>Div 9 (U14)</td>
<td>8</td>
<td>-</td>
<td>&quot;</td>
</tr>
<tr>
<td>Div 10 (sub-junior)</td>
<td>2-4</td>
<td>-</td>
<td>&quot;</td>
</tr>
</tbody>
</table>

Notes:
1. The minimum speed is over the race distance (i.e. Div 1 needs to average 12.5 km/h or higher over 24-25 km).
2. Portage is only required for international class boats (K1, K2, C1, C2, including masters K boats) in Divisions 1 to 5 for paddlers less than 60 years old. V60+ paddlers may portage if they wish.
3. Division 7 is the beginning division for adult paddlers.
4. Junior paddlers can paddle in higher divisions (Div 7 and above) if they wish.

**Class System**

As noted above the aim of the class system is to enable paddlers to race others of similar age, gender or craft type. Race distances are usually set by agreement between the paddlers and the Marathon Technical Committee. As an example, classes may be constructed for canoes (TC, C and OC) regardless of age over say 12 km, or separate classes may be constructed for TC and C craft or men’s and women’s depending upon numbers. Similarly, classes may be constructed for Open men’s TK1, Vet men’s TK1, Vet mixed TK2, para/adaptive singles or doubles, SUPs or skis, etc., as demand requires. Furthermore, by arrangement with the Race Committee, a special race may be held for racing class boats where the paddlers collectively want to paddle a shorter distance than that available under the Divisional system.
Age brackets (age is determined as at 1st January in the year of competition):
- Junior: U12, U14, U16, U18
- Open: 18 –34 years (older paddlers may choose to paddle in the Open class)
- Veterans: 5 year groupings from 35 years upwards, i.e. Vet30, Vet35, Vet40, Vet45, etc

Gender: Men’s, Women’s, Mixed

Race distances:
- Full Distance, ¾ Distance, ½ Distance and 1/3 Distance
- Full Distance will usually be the same course and distance as defined for Division 1 in the Divisional System
- Age/Class/Distance allocations are as determined by the Marathon Technical Committee

Note: A constituted class comprises at least 3 boats of the same type.

**Portage Policy**

Portage is an integral part of marathon canoe and kayak racing. We recognize, however, that some paddlers are unable to portage for health or injury reasons. This section explains our policy with respect to portage at Canoeing Victoria Canoe Marathon events.

A time adjustment will be applied for those who do not portage who otherwise should have portaged. We understand that this is not a perfect alternative; for example, paddlers not portaging may gain an advantage by dropping paddlers who are portaging from a wash group at portage, which changes the dynamics of the race. In addition, paddlers who are portaging are exposed to increased risks, such as capsize on exit or re-entry, trips and falls or boat damage. However, in the interests of a practical and simple system we believe the time penalty approach provides an appropriate balance.

The time adjustment will include an allowance to compensate for the additional risk borne by paddlers who portage as required. Importantly, the time penalty has been set based on actual data, to reflect the time difference for veteran paddlers who are unable to portage, not the time difference elite paddlers may take to portage.

1. Portage may be part of the prescribed course at CV marathon events for international class boats (i.e. K1, K2, C1 and C2, etc., including “masters” K boats). Touring boats, sea kayaks, skis, SUPs, outriggers and para-class paddlers do not need to portage at CV events.
2. In age-based racing U12, U14 and V60+ crews do not need to portage. In divisional racing Divisions 6, 7, 8, 9 & 10 do not need to portage.
3. If portage is specified at championship races paddlers in international “selection” classes (i.e. U18, U23 and Open) will need to portage. Paddlers can request assistance at portage for bona fide health reasons consistent with ICF rules. However, not portaging is not an option in these classes. Non-portaging athletes will be recorded as “Disqualified” (DSQ), per ICF Marathon competition rule 29 (b).
4. Paddlers in V35 to V55 international classes may apply to the Chief Official prior to the race for exemption from portaging due to health issues. We rely on the paddler’s integrity to only seek exemption for genuine reasons. The reason does not need to be disclosed unless the paddler wishes to do so.
5. Paddlers granted approval not to portage will be assigned a time adjustment decided by the Chief Official, which will be advised prior to the race. This adjustment will apply for each portage not undertaken. The same time adjustment per portage will apply to all paddlers granted exemption, regardless of age, gender or racing class.
6. The time adjustment (i.e. time added) for a portage of ~100m distance with good exit and re-entry points and clear track in between will typically be 50 seconds per portage. For a portage such as at Geelong Canoe Club, of ~200 m length, the time adjustment will typically be 70 seconds per portage.
Victorian Team Selection Policy

**** The Victorian Marathon Team Selection policy has been revised ****

The policy has replaced the requirement for participation in a minimum of three marathon races over the preceding Winter Series and a minimum of two races over the preceding Summer Series to participation in a minimum of five races over both the preceding Winter Series and Summer Series. This change should assist paddlers from country clubs meet the policy criteria for selection, while still supporting marathon paddling in Victoria. The requirement for the location of at least one of the five races to be more than 100 km from the paddler’s designated club remains.

1. Selection to the Victorian Canoe Marathon Team recognizes both the attainment of a standard of performance and the support of marathon paddling in Victoria.

2. The selection event for the Victorian Canoe Marathon Team is the Victorian Canoe Marathon Championships, which is typically held prior to the Australian Canoe Marathon Championships.

3. The two fastest crews in each class which meet the qualification criteria are eligible for selection(1).

4. The qualification criteria require:
   a. The paddler to be a “full” (i.e. not recreational) member of Canoeing Victoria,
   b. The paddler to have competed in at least five races over the preceding Marathon Summer race series and Winter race series (2), and at least one of these five races needs to be over 100 km from the paddler’s designated club (3),
   c. The paddler to be in the winning crew, or finish within four minutes of the winning crew, in the Victorian selection event (4,5), and
   d. The paddler to commit to competing at the forthcoming Australian Canoe Marathon Championships.

5. We recognize that many paddlers participate in other forms of canoeing and in club-based or other races. Whilst participation in these events is encouraged it does not count towards the minimum requirement of state-level marathon races.

6. The reason for requiring participation in at least five state-level races, one of which requires some travel, is because the success of marathon paddling rests on strong involvement from the paddling community. We hope that paddlers seeking selection will participate in more than the minimum number of races and lead by example.

(1) The two fastest crews criterion aligns with Australian national selection policy of up to two crews in each selection class (i.e. U18, U23 and Open) for ICF Marathon World Championships.

(2) For clarity, races in which a paddler is disqualified do not count towards the total.

(3) There are currently approximately 15 races in the two (Summer and Winter) series; see the Marathon Diary for race dates and locations.

(4) The Victorian Team selection event does not require a “constituted class”, although this is preferable.

(5) The four minutes aligns with the current Australian Canoeing Australian Marathon team selection criteria.

The policy may also be accessed at http://vic.canoe.org.au/paddlesports/marathon/ in the Resources.
State and Club Colours

Club Colours are encouraged to be worn at all races. State or Club Colours should be worn at all Championships. Students may wear their Schools colours for Club races and Schools Championships but the students should wear Club or State Colours at non-school Championships (e.g. state and national championships).

<table>
<thead>
<tr>
<th>Club</th>
<th>Club Colours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ballarat Amateur Canoe Club</td>
<td>Red singlet with a white chest band</td>
</tr>
<tr>
<td>Barwon Heads Canoe Club</td>
<td>TBA</td>
</tr>
<tr>
<td>Bellarine Paddlers Inc</td>
<td>TBA</td>
</tr>
<tr>
<td>Bendigo Canoe Club</td>
<td>Long sleeved blue polo with club logo</td>
</tr>
<tr>
<td>Coaching Evolution</td>
<td>tba</td>
</tr>
<tr>
<td>Cobram-Barooga Canoe Club</td>
<td>White top with gold and maroon bars</td>
</tr>
<tr>
<td>Echuca-Moama Canoe Club</td>
<td>Green and white vertical strips</td>
</tr>
<tr>
<td>Eltham College Canoe Club</td>
<td>Rash vest, green with gold trim, Eltham down each arm</td>
</tr>
<tr>
<td>Essendon Canoe Club</td>
<td>Red singlet with vertical black stripe</td>
</tr>
<tr>
<td>Fairfield Canoe Club</td>
<td>Light blue logo on dark blue</td>
</tr>
<tr>
<td>Footscray Amateur Canoe Club</td>
<td>Royal blue, white and red</td>
</tr>
<tr>
<td>Greater Eastern Canoe &amp; Kayak Organisation</td>
<td>Orange top with gecko emblem and black bottom</td>
</tr>
<tr>
<td>Geelong Canoe Club</td>
<td>White top, blue logo</td>
</tr>
<tr>
<td>Gippsland Kayak Club</td>
<td>Light blue singlet with a navy band</td>
</tr>
<tr>
<td>Goldfields Paddlers</td>
<td>tba</td>
</tr>
<tr>
<td>Ivanhoe-Northcote Canoe Club</td>
<td>White singlet with black logo and black horizontal strips</td>
</tr>
<tr>
<td>Mildura Canoe Club</td>
<td>Navy blue, red and white</td>
</tr>
<tr>
<td>Mitta Mitta Canoe Club</td>
<td>White top with navy strip trim down length of sleeves</td>
</tr>
<tr>
<td>Patterson Lakes Canoe Club</td>
<td>Navy or white top with two vertical strips green, white or navy blue with logo on left breast</td>
</tr>
<tr>
<td>Shepparton Canoe Club</td>
<td>White top with club name and paddler symbol on back and left breast</td>
</tr>
<tr>
<td>Sherbrook Knox Canoe Club</td>
<td>Bottle green singlet with vertical gold stripe</td>
</tr>
<tr>
<td>Tarwin River Canoe Club</td>
<td>Golden yellow single/polo shirt with logo</td>
</tr>
<tr>
<td>Warrnambool Kayak Club</td>
<td>Navy blue top, white and bottle green vertical stripes on left hand side</td>
</tr>
<tr>
<td>Yarrawonga Mulwala Canoe Club</td>
<td>White shirt with club logo top right hand side</td>
</tr>
</tbody>
</table>
Other Links

*Club Points System*

http://vic.canoe.org.au/paddlesports/marathon/  Select Resources

*Craft Specifications*

http://vic.canoe.org.au/paddlesports/marathon/  Select Resources

*Victorian Team Selection Policy*

http://vic.canoe.org.au/paddlesports/marathon/  Select Resources

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Version 1.1

Any corrections or additions: send to sally_Miller@bigpond.com

Acknowledgment of Photos: Thankyou Tony Bond, Dean Jones, Sue O’Rourke, George Vartabedian and Carolyn Cooper

2017 Murray Marathon: Team A from Footscray in SA, Neil, Lisa, Gayle and Andy ‘came around corner and were a bit shocked to see what was coming up the river’